

Instructions for Testing



Test Name: STRESS ECHOCARDIOGRAM/DOBUTAMINE STRESS ECHOCARDIOGRAM

- Parkwest Medical Center
9352 Parkwest Blvd, Knoxville, TN 37923
- Fort Loudoun Medical Center
550 Fort Loudoun Medical Center Drive, Lenoir City, TN 37772

DATE: _____/_____/_____

ARRIVAL TIME: _____

PLEASE FOLLOW THESE INSTRUCTIONS:

- ▶ Do not eat or drink 6 hours prior to test. Plain water is okay.
- ▶ If you are on a beta blocker, please hold that medication the day of the test.
(Examples- Metoprolol, Coreg, Toprol, Bisoprolol, etc.)
- ▶ Wear a comfortable two-piece outfit (i.e. pants/shorts and a shirt), and laced shoes.
- ▶ Plan to be here approximately 1 to 2 hours.
- ▶ If for any reason you cannot keep your appointment, please call us 24 hours prior to your scheduled appointment time.

To Reschedule Please Call:

Centralized Scheduling: 865-374-6200

For Additional Questions Please Call:

Athens, Decatur, Oneida, and Parkwest Offices: 865-373-7100

Lenoir City Office: 865-988-9970